





FEBRUARY 2012

Wesley Park Independent Living Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BP = Blood Pressure CL = Commons Lounge CR = Conference Room ENT = Entertainment GR = Game Room HR = Hearth Room LL = Lower Level Cedar	PH = Palmer House PP = Park Place Dining Room SW = Hickory Skywalk WPSC = Wesley Park Senior Center WPW = Wesley Park Wanderings Senior Center Events *Programs/Locations are subject to change*		1 9am - Mass - CR 3:30pm - Social Hour - HR 10:30am - 2:30pm - CR AARP Tax Assistance	2 Groundhog Day 11am - Senior Wise Exercise LL 2pm - Super Noggin - CR 	3 9am - Exercise - CR No BP Checks 2pm - Wii Gaming GR	4 7pm - Game Night - PP 10:30am - BP Check - GR
5 10:30am - Ecumenical Worship PH Chapel 	6 9am - Exercise - CR 10am - WP Council - CR 1pm - SW Circle - SW 2pm - Rosary - CR 2pm - Wii Gaming GR 7pm - Birthday Nt - HR	7 10am - Bible Study - CR 11am - Senior Wise Exercise LL 1pm - BP Check - 2 Ash	8 9am - Mass - CR 10:30am - 2:30pm - CR AARP Tax Assistance	9 11am - Senior Wise Exercise LL 2pm - Super Noggin - CR	10 9am - Exercise - CR 10:30am - Funny Friday - GR 1pm - BP Check - GR 2pm - Wii Gaming GR	11 7pm - Movie Night - GR
Lincoln's Birthday 12 10:30am - Ecumenical Worship PH Chapel	13 9am - Exercise - CR 1pm - Potpourri - CR 2pm - Rosary - CR 2pm - Wii Gaming GR	Valentine's Day 14 9am - BP Check - CR 10am - Bible Study - CR 11am - Senior Wise Exercise LL 5pm - PP Dinner Event	15 9am - Mass - CR 10:30am - 2:30pm - CR AARP Tax Assistance	16 11am - Senior Wise Exercise LL 2pm - Super Noggin - CR 7pm - Ent. Night - PP	17 9am - Exercise - CR 1pm - BP Check - GR No BP Checks 2pm - Wii Gaming GR	18 7pm - Bingo - CR Wellness Center Closed 
19 10:30am - Ecumenical Worship PH Chapel	President's Day 20 9am - Exercise - CR 2pm - Rosary - CR 2pm - Wii Gaming GR 	21 10am - Bible Study - CR 11am - Senior Wise Exercise LL NO BP CHECKS Wellness Center Closed	Ash Wednesday Washington's Birthday 22 9am - Mass - CR 1:30pm "How to Prevent Falls" HR 10:30am - 2:30pm - CR AARP Tax Assistance	23 11am - Senior Wise Exercise LL 2pm - Super Noggin - CR	24 9am - Exercise - CR 9:30am - WPW depart 1pm - BP Check - GR 2pm - Wii Gaming GR	25 7pm - Movie Night - GR
26 10:30am - Ecumenical Worship PH Chapel 11:30am - Open Flame Sunday Social Dining	27 9am - Exercise - CR 2pm - Rosary - CR 2pm - Wii Gaming GR	28 9am - BP Check - CR 10am - Bible Study - SW 11am - Senior Wise Exercise LL	29 9am - Mass - CR 10:30am - 2:30pm - CR AARP Tax Assistance		